

Compréhension orale | Extract from Desperate Housewives

CORRECTION



'It had ruptured, you **were bleeding internally**, we had **no choice**.'

'Oh my god, but you can get by on one kidney right?'

'Usually, but **in your case it is a little more complicated**, the other one is **deformed**'

'wopf, fine I won't enter any **kidney beauty contest**'

'The point is, it's only **operating** at about **five percent**. If that number **drops** any **lower**, you'll have **serious risk** of **renal failure**.'

'How do I not know this? I have never had **any serious health problem**'

'That's because the other **kidney was doing such a great job** of taking up the slack'.

' **You mean the one you took**'

'Yes.'

'So **what are you saying?** Do I need a **transplant?**'

'**Eventually**, but we need to **get you on dialysis**That requires a **minor surgical procedure** to **install** an AV<sup>1</sup> shunt .'

'Woh woh woh **slow down**, you said **if it goes any lower** but maybe it **won't** maybe it'll **go up**'

'**Anything is possible** but you need to come to terms with the reality of what's happened to you, **your life has changed**. I have some **information here on dialysis**. I suggest you read it - today.'

**symptoms**

- energy loss
- urination problem
- dyspnea
- swelling
- loss of appetite
- lower back pain

**causes**

- diabetes
- kidney inflammation
- hypertension
- polycystic
- urine drainage tubes blocked
- medicines

**treatments**

- hemodialysis
- peritoneal dialysis

**prevention**

- Healthy diet (vegetables, fruits, fish)
- Exercise (dumbbells)
- Avoidance of alcohol (wine glass with X)
- Avoidance of processed food (burger with X)

<sup>1</sup> An arteriovenous shunt, also referred to as an arteriovenous fistula.