



Blend /blend/
Combine /kəm'beɪn/
Mix together /mɪks tə'geðə/



Slice (lamelles) /slɑ:s/
Chop (gros morceaux) /tʃɒp/
Dice (en cubes) /daɪs/



Grate /greɪt/
Grate the cheese and **sprinkle** it over the tomatoes



Preheat /,pri:'hi:t/



Cook (faire cuire) - /kʊk/
Simmer - /'sɪmə(r)/
 (mijoter fort)
Stew - /stju:/
 (mijoter doucement)



Mince meat /mɪns mi:t/
Grind meat /graɪnd mi:t/
 ground beef -> /,graʊnd 'bi:f/
 (viande hâchée)



Peel the potato, carrot, onions.
 /pi:l/ - /pə'teɪtəʊz/ -
 /'kærəts/-/'ʌnjənz/



Beat / **whisk** the cream, egg, egg whites
 /bi:t/ -- /wɪsk/
Whip up egg whites



Melt butter / cheese
Heat the oil in a frying pan
 /'bʌtə/ -/'tʃi:z/ - /'fraɪɪŋ pæn/



Fry sausages / chicken / vegetables
 /fraɪ/-/'vedʒtəblz/



Dress / **toss** a salad
 /dres/ /tɒs ə 'sæləd/
Garnish with a sprig of parsley
 /gɑ:nɪʃ wɪð ə sprɪg əv pɑ:sli/



Crush /kraʃ/
Mash /mæʃ/
 (potatoes, avocado)
 /pə'teɪtəʊz/ /,ævəʊ'kɑ:dəʊz/



Pour /pɔ:(r)/
 I've **poured** you a cup of tea.
 /,kʌp əv 'ti:/



Boil /bɔɪl/
Bring to boil
 /,brɪŋ tə 'bɔɪl/



Grill meat / steak / sausages
 /mi:t/ - /steɪk/ - /'sɒsɪdʒɪz/



Let stand /,let 'stænd/
Let rest /,let 'rest/



Measure /'meʒə(r)/
Weigh out /,weɪt 'aʊt/



Roll out
 /,rɔʊl 'aʊt/



Drain the pasta / the water from the colander
 /dreɪn/ - /'kɒləndə/



Bake a cake /beɪk/
Roast /rəʊst/ potatoes / meat / chicken



Set the table /,set ðə 'teɪbl/
Salt and pepper
 /,sɔ:lt ən 'pepə(r)/



Spread
 /spred/



Stir /stɜ:(r)/
 He **stirred** his tea



Toast
 /təʊst/



Microwave
 /'maɪkrəweɪv/